

ENFIELD PE TEAM NEWSLETTER

Issue 004

October 2025

Welcome to our first newsletter of the school year and a round up of recent events. As ever there is lots to celebrate and share. The cross country last week was such a highlight - the perfect autumnal day. It really showed how great you all are at supporting your children so positively through all the emotions that sport evokes. There are more exciting events and a range of CPD planned for next half term so we hope to see you all soon. Enjoy a lovely half term break.

OAA Competition

We had a great afternoon in the autumn sun at Hazelwood School delivering our first OAA competition of the year. 8 teams took part in a variety of OAA activities. It was great to see so many children active, happy and working together to map read and problem solve. Congratulations to Edmonton County for winning the competition!



Our autumn term PE subject leader meeting, kindly hosted by Firs Farm was a great opportunity for networking and sharing local and national updates. It was great to see so many of you there.

We continued our work on developing a consistent understanding of physical literacy and what it means for us, as well as the lives of the thousands of young people we have the privilege of positively impacting.

The England Hockey workshop was an excellent way for us to put our spotlight on physical literacy into action. We are part of a hockey initiative this year so look out for upcoming opportunities to participate in events, access high quality teaching resources and have some in school support from local hockey clubs.

NFL Flag Development Event

NFL Flag fun at LVA where over 60 year 3 and 4 boys and girls participated in Flag themed activities. The festival was delivered by Tottenham Hotspur Foundation - Huddle project. This is now the second Flag festival delivered by Tottenham with plans in place for more this year. We are excited to see a marked uptake in interest and participation for NFL Flag.



Badminton Festival

14 Year 12 Sports Leaders from LVA were trained in the delivery of fun badminton inspired activities to over 70 Enfield primary school children. Activity and fun were the priorities and children left with a new found enjoyment of badminton and big smiles on their faces. Special mention to the fantastic LVA Leaders who inspired and motivated the children throughout the festival.



Parent Presentation

Wilbury School

We were delighted to have the opportunity to engage with parents at Wilbury School to present on the 'Importance of PE to a child's health and well-being'. Practical advice was given to help support parents and carers in keeping their children physically active and healthy. The many physical, social and emotional benefits of being physically active and participating in sports were discussed. We look forward to reaching out to more Wilbury parents during an upcoming Parents Evening.



NFL Flag Experience at the Tottenham Hotspur Stadium

Lea Valley Academy and Edmonton County School children had the fortune a once in a lifetime experience of participating in NFL Flag activities on the Tottenham Hotspur NFL official pitch. Sessions were delivered by Tottenham Hotspur Foundation - Huddle project with a special appearance from the Washington Cardinals Tight End, Efe Obada



Tag Rugby Workshop



On 10th October we had a 'learn to play' tag rugby workshop, hosted by Prince of Wales School. Alex and his team of PE apprentices led an excellent workshop for children and teachers to learn the skills and rules of tag rugby together through lots of fun, progressive activities. 80 children from 4 schools took part – Prince of Wales, Chesterfield, Freezywater St George's and Chase Side. By the end of the afternoon everyone was taking part in small sided games! We hope to see you at our tournament in November. Alex is always up for supporting more schools to get involved so let us know if you are interested.

Hockey Festival



On 2nd October 10 schools from Enfield and Barnet came together for a hockey festival at Southgate Hockey Club. We are so lucky to have this wonderful facility in Enfield. The children loved the experience, and all made progress throughout the event thanks to Chris and his team of fantastic coaches. Kudos to Bush Hill Park School for making such an effort to get there! Look out for more hockey opportunities throughout the year and contact Chris Pearce if you are interested in having some hockey coaching at your school chris.pearce.shc@gmail.com

BEST Football league

The best football leagues have been running over the past 3 weeks. It has been very exciting with everything to play for right up to the end.

7 venues, 55 schools, 392 matches and over 500 children playing football.

Congratulations to those that finished at the top and a huge well done to everyone who took part and made it possible for so many children to have the opportunity to represent their schools. You have been such positive role models at the matches and thank you for all turning up to the right place at the right time and making sure matches were played as scheduled.



WINNERS!



Winners of the leagues;

Laurel Park Cluster – SMAB/Oakthorpe

Lea Valley Academy Cluster – Forty Hill

Enfield Grammar Cluster – St John's Primary

Edmonton County (Wed) Cluster – Firs farm

Edmonton County (Thurs) Cluster – Hazelwood

Southgate Cluster – Grange Park

Heron hall Cluster – Bush Hill Park



Borough Cross Country



Friday 17th October held at Enfield Playing Fields

A new venue for the competition this year.

The girls A race was the first event, followed by the Boys A race.

We had 30 schools take part in these races with 150 children on the start line for each race.

We then had the B races with 18 schools taking part - the largest number for a few years. Well done to all of the runners who took part. The effort and resilience shown was amazing.

Scan the QR code above to see our highlights video on Instagram!

Girls A Team	Boys A Team	Combined Girls / boys	Girls B Team	Boys B Team
1st St Paul's	1st Raglan	1st Grange Park 56 points	1st Eversley	1st Raglan
2nd Grange Park	2nd Grange Park	2nd St Paul's 57 points	2nd Grange Park	2nd Grange Park
3rd Merryhills	3rd St Paul's	3rd Raglan 59 points	3rd St Paul's	3rd St Michael's

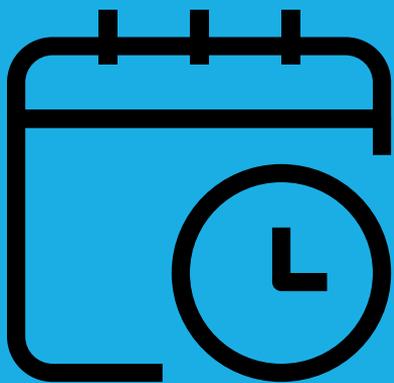
The first 6 children in the A race will get the chance to represent Enfield at the London Youth Games at Parliament Hill in November

A huge well done to;



Charlotte - Raglan
 Katie - St Paul's
 Georgia - Merryhills
 Matilda - Eversley
 Isabel - Grange Park
 Niamh - Merryhills

Miles - Freezywater St George's
 Charlie - St Andrew's Enfield
 Jayden - Raglan
 Umut - Raglan
 Johnny - Forty Hill
 Teddy - St Paul's



DEADLINES & KEY DATES FOR NEXT HALF TERM

Dance festival application deadline - this week!
Gymnastics competition deadline - this week!



Y3/4 Dodgeball Festival 6th November



Boys Football Tournament 7th & 11th November



Sports Hall Athletics 13th, 20th, 27th November



Girls Football Tournament 21st November



Gymnastics Festival 1st, 2nd, 3rd December



KS2 Panathlon 12th December

See the website for details and bookings.

CPD OPPORTUNITIES

EYFS Physical Development and Motor Screening Course **Friday 14th November, 9.30-4pm, Wilbury Primary School**

A one day course delivered in partnership with the Association for PE and Leadership Skills Foundation. This course is invaluable for understanding physical development and supporting engagement in physical activity for life!

We have funding for 8 half price places on this course. Full cost £349. With the 10% Enfield discount and EY contribution you can attend for just £157

If you are interested or would like more info email fiona.hathaway@enfield.gov.uk



Booking link – please email fiona.hathaway@enfield.gov.uk first for a discount code.
[Association for Physical Education](#)

For more detailed information about the course and the research and evidence behind it
[Early Years Screening Programme - Association for Physical Education](#)

½ Day Gymnastics Course – Wednesday 26th November – 9.15am-12.15pm Galliard School **For teachers / ECTs / TAs / Sports coaches / Apprentices**

Aims:

- High quality teaching and learning in gymnastics
- Best practice and safe practice
- Teaching techniques and tips
- Lifting, carrying and organising apparatus
- Observing children working in a gymnastics lesson and putting subject knowledge into practice

Sensory Circuits CPD – Friday 5th December – 1.30-3pm Tottenham Infant School

Sensory circuits – Movement based activities which prepare children for learning and help them achieve the alertness they need to concentrate.

Learn about 'organising', 'alerting' and 'calming' activities and how to set them up in a circuit to help with sensory regulation and the right level of 'alertness' they need.

Sensory circuits can be done with a small group of children at the start of the school day, or after lunch or breaktime.