

ENFIELD PE TEAM NEWSLETTER

ISSUE 005

DECEMBER 2025

Wow! We've made it to the end of a very long and packed term, and we want to say a huge thank you to everyone in our Enfield schools who has contributed to our varied and vibrant calendar of events. Your dedication to keeping children active and enabling their participation is awesome and we really appreciate the part you play in shaping their lives.

Over 2900 children have taken part in events this term.

We wish you a happy and restful Christmas break – and here's to returning refreshed and ready for the spring term together.

NFL Flag event at Latymer all Saints School:

Delivered by Tottenham Hotspur Huddle Project, Latymer all Saints hosted an NFL Flag Festival attended by local schools. Activities were fun and inclusive and engaged children in (the soon to be...) Olympic event of NFL Flag.



Parent Presentation Assemblies:

This year we have had the pleasure of supporting schools with their promotion of physical activity by delivering Parent Assemblies. The theme of the presentations has been 'The Importance of Physical Activity to your child's health and well being'. At Tottenthall Infant School, 50 parent / carers were in attendance and contributed to a purposeful discussion on the positive impact of physical activity (PA) to their child. Hints and tips were provided to help support the aim of maximising PA for children.



Young leader / Lunchtime Supervisor Assistant Training:

Support has been provided for schools who are using Young Leaders to deliver lunchtime activities. This support has extended to Lunchtime Supervisor Assistants who work in collaboration with the Young Leaders to provide an active and positive environment for all children. Support has included the development of leadership skills and attributes as well as tips and strategies on how to plan and deliver activities to peers.



Sports Hall Athletics

Hazelwood, George Spicer, Edmonton County, St Edmund's, St James' St Andrew's Southgate, Eversley, St Andrew's Enfield, Salcombe, North Star and Grange Park recently took part in our Sports Hall Athletics Competition. Held at Edmonton County – Bury Street Campus on 3 Thursdays in November, each school had teams of 10 girls and 10 boys, who took part in field events and track races in the sports hall.

The overall winners were Grange Park Primary School who will now go on to represent Enfield at the London Youth Games in February.



Tottenham Infants Winter Sports day

Children from Tottenham school enjoyed a carousel of Christmas themed physical activities including "Santa dash, Snow ball throw and jingle bell race!



Football Tournaments 2025:



November was Primary Schools Football Tournament month! We had, in total, 60 teams enter our Yr5 / 6 Best (mixed) and Girls' tournaments including our separate small schools' tournament. With the support of Tottenham Hotspur Foundation referees', events were hosted at the Edmonton County, PowerLeague venue. The standard of football was impressive as was a noticeable display of sportsmanship amongst children. Thank you to all staff involved who are role modelling and creating such a good football culture for our primary school children.

We are excited to have Yr 3 / 4 Boys and Girls tournaments arranged for February and March 2026!

Winners 2025:



Best Yr 5/6: Grange Park

Girls Yr 5/6: Wolfson Hillel

Small Schools: Forty Hill



Gymnastics FESTIVAL 25



Across the three day gymnastics festival we had 40 schools, 88 teams and 450 children participating.

The children impressed us every day, not just with their talents and physical ability but also their hard work, support for each other, confidence and courage to perform and keep smiling in a competitive environment.

We also had wonderful events with our SEND All Stars teams- they wowed us with their routines and truly demonstrated how movement makes us feel good.

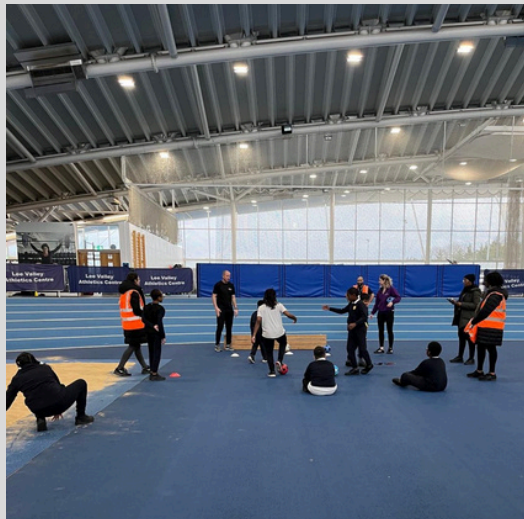
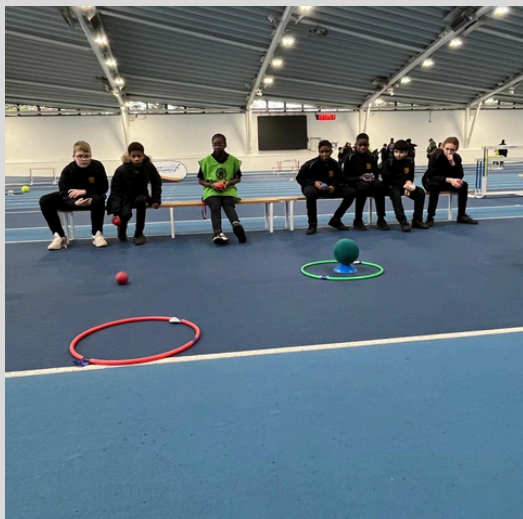
We were honoured to have a visit from Margaret Greer, the Mayor of Enfield. She loved seeing the high standard of gymnastics on display.

A big thank you to everyone who made the week go so smoothly, especially the staff from schools who did such a great job preparing the children and organising logistics!



Panathlon

Panathlon gives young people with SEND opportunities to take part in competitive sport. Last week 17 schools joined us for our festive Panathlon and had a great time scoring points in a variety of fun activities. It also turned into our own version of the Santa Dash with lots of laps of the track completed throughout the day! Well done to the winning schools – Latymer All Saints and Woodpecker Hall.



Dodgeball

In November we put on our first ever dodgeball festival for children in Y3 and Y4. The focus of the festival was physical activity, honesty and fairness. Teams from Brimsdown and Edmonton County played lots of 3 minute games – no scoring, just energy and fun. It was great, look out for another event in 2026! Thanks to Edmonton County for hosting.



Delegates from Enfield schools attended this certificated course, supported by funding from our Early Years team. Delivered by Dr Vanessa King, the course explored how physical activity underpins all areas of learning and development in the early years. It equipped them with the resources and skills to conduct motor screenings and run interventions to help improve motor competency and have a positive impact on lifelong health and learning outcomes.



UPCOMING CPD

Choreography with Angela

Friday 9th January Tottenham Infant School 1:15pm – 3:30pm

Creativity through dance is a key element of a high quality PE curriculum. This course focusses on how to develop simple but effective choreography, with a focus on putting on productions. This will be incredibly useful for anyone supporting dance in school whether curriculum, clubs or productions.

It will be very helpful for schools preparing for the Dance Festival.



PE Subject Leaders Conference

Friday 23rd January, Lee Valley Athletics Centre, 9 – 3pm

Join us for an informative, valuable and enjoyable day – whether you are a subject leader with lots of knowledge and experience or new to it all we promise a warm welcome. There will be local and national updates, including sessions and speakers on Ofsted and how the new framework impacts PE, Daily Mile and physical activity as well as other guest speakers and practical workshops.



SEND Swimming CPD

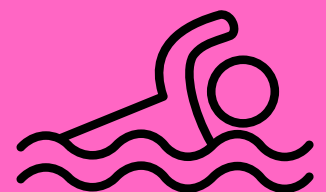
Monday 9th February Waverley School, EN3 7DL 9:40-4:40pm

For teachers and teaching assistants delivering swimming to children with SEN in Primary, Secondary and special schools

Email Sharon Davies sharon.davies@enfield.gov.uk for further information.

To register a place on the course(s), please click on the link below and complete the online registration form:

https://youthsporttrust.my.site.com/YST_EventRedirectUpdate?id=a4ON2000002CMoP



Net Games CPD

Tuesday 24th March, Brettenham School, NI8 2ET, 1:00pm and 3:15pm

An excellent opportunity to gain subject knowledge and observe high-quality teaching and learning in net games (tennis). Further outcomes include adaptive teaching, holistic development, effective organisation and sequencing learning. This course will support ECTs as part of their professional development entitlement, as well as teachers, sports coaches and TAs looking to develop or refresh knowledge and become more confident and competent in understanding and teaching safe and high quality PE.



Dates for your diaries 2026

- Choreography Course – Thursday 9th January 1.15pm – 3.30pm at Tottenhall Infants
- High 5 netball rules workshops – online 3.30pm – 4.15pm on Wed 14th Jan or Thursday 29th Jan
- Tag Rugby Tournament and Year 3/4 development festival rearrangement – Thursday 15th January at Edmonton County Powerleague pitches
- Boccia Tournament – 20th January at Bishop Stopford’s School 10am – 12pm
- ABC Gymnastics – 29th January at Edmonton County Bury Street Campus 1pm – 2.30pm
- Winter Olympics at Laurel Park School on Wednesday 4th February 1.30pm – 3pm
- Inclusive multi skills Wednesday 11th February 10am – 11.30am or 1pm – 2.30pm at LVAC
- KS1 Multi Skills Thursday 12th February 10am – 11.30am or 1pm – 2.30pm at LVAC
- Year 3/4 Boys football Tournament Friday 13th February 9.30am – 12pm on Powerleague pitches
- Year 3/4 Cross Country Friday 6th March 1.30pm – 3pm at LVAC
- Year 3/4 Girls football Tournament Friday 20th March 9.30am – 12pm on Powerleague pitches
- NFL Flag Borough Tournament Monday 23rd March 2pm – 4pm at Lea Valley Academy
- Dance Festival at The Millfield Theatre 17th, 18th and 19th March – 2 shows each day

Girls Football League 2025/26

Laurel Park	Enfield Grammar	Edm Co	Southgate	Heron Hall	
Monday	Tuesday	Thursday	Thursday	Thursday	
2nd Feb	3rd Feb	5th Feb	5th Feb	5th Feb	
9th Feb	10th Feb	12th Feb	12th Feb	12th Feb	
23rd Feb	24th Feb	26th Feb	26th Feb	26th Feb	

High 5 Netball League – entry closes on 19th Dec

High 5 Netball League 2025/26

Eversley	Raglan	Merryhills	Enfield County	Brettenham	Eastfield	Heron hall
2nd March	2nd March	2nd March	3rd March	3rd March	3rd March	5th March
9th March	9th March	9th March	10th March	10th March	10th March	12th March
23rd March	23rd March	23rd March	24th March	24th March	24th March	26th March
Monday	Monday	Monday	Tuesday	Tuesday	Tuesday	Thursday