

# ENFIELD PE TEAM NEWSLETTER

ISSUE 007

FEBRUARY 2026

Despite the rain we have had a busy and active half term with lots of events to engage and inspire your young people and we are grateful to our secondary colleagues for offering to host events in warm, dry sports halls! Our PE Conference in January was a real highlight and it was great to spend the day with such a committed and enthusiastic group of PE Subject Leads.

Enjoy the newsletter and please take a look at upcoming events and opportunities in school and in your local communities.

We were delighted to host 35 Primary PE subject leaders at our January conference. We had fantastic guest speakers with Desiree Henry, GB athlete, Olympian and former local pupil. Layla Hall from Mini London Marathon and the Daily Mile. Layla gave us a Daily Mile re-boot and even awarded a Marathon place to PE Lead Laura from Chesterfield. Jeff Cole, School Improvement consultant and Ofsted Inspector led a workshop on the new framework and the contribution high quality PE, physical activity and school sport can have on the areas of judgement. The whole day had a theme of positive interactions and developing positive relationships with movement running through it. Thank you to everyone who attended



## KS1 MULTI SKILLS FESTIVAL

Nearly 400 children took part in the KS1 Multi skills Festival at Lee Valley Athletics Centre on Thursday 12<sup>th</sup> February. Separate morning and afternoon session saw 20 schools enjoy an amazing facility which we are so lucky to have in Enfield. The children were a credit to their schools, with amazing behaviour and listening skills. A lovely way to end the half term



## BOCCIA

A great event at Bishop Stopfords School. Well done to all those that attended...lots of fun and enjoyment had by all! Congratulations to Hazelwood school who will be representing Enfield in the LYG.



## BOCCIA ETP

Another inclusive Boccia event held in collaboration with the Enfield Schools Partnership hosted at Enfield College. Well done to all those that competed and to Suffolks school who were tournament winners.



## NEW AGE KURLING

Inclusive fun at our New Age Kurling event hosted at Lea Valley Academy School. Well done to St James School who were tournament winners and will represent Enfield at the LYG.



## ABC GYMNASTICS

ABC Gymnastics is an inclusive and fun festival of gymnastic inspired activities including balance, rolling, jumping, travelling and creative/rhythmic skills. Children from Firs Farm, Brimsdown and Edmonton County had a great time developing their gymnastics skills at stations led by wonderful young leaders from Edmonton County.



## WINTER OLYMPICS

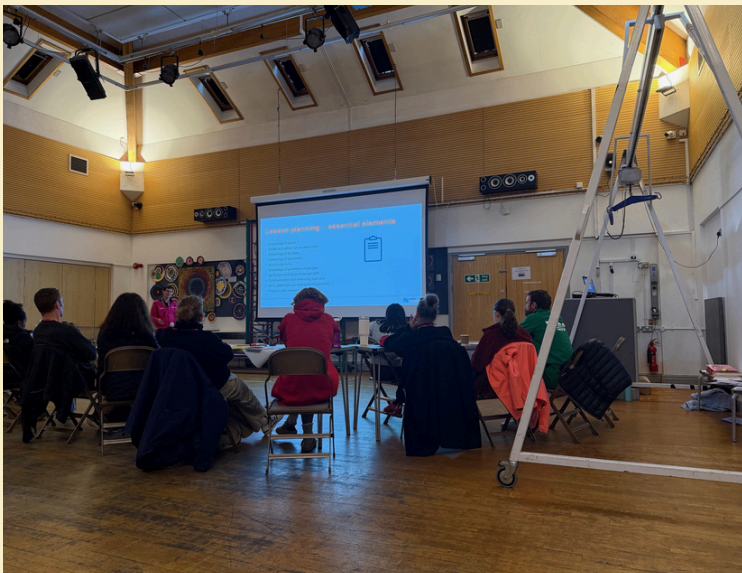
To celebrate the start of the Winter Olympics we held our own version at Laurel Park School. 80 children from five schools took part in a multi-skills circuit including ice hockey, bobsleigh, alpine skiing, luge, freestyle and biathlon. Young leaders from Laurel Park did a fabulous job running the stations and making sure everyone had a great time.



## SUPPORTING PUPILS WITH SEND IN SCHOOL SWIMMING CPD

Teachers and support staff from Waverley School and other London schools attended a one day CPD – ‘Supporting Pupils with SEND in School Swimming.’ Organised by the Youth Sport Trust as part of Inclusion 2028 the CPD was delivered by a Swim England Tutor. The course explored how to identify barriers, ways to adapt swimming lessons, effective communication methods, resources for pupils with SEND and then a practical session to look at main swimming strokes and other aquatic skills.

The course took place at Waverley School who gave everyone a very warm welcome and the opportunity to use their fantastic pool.



## INCLUSIVE MULTI SKILLS

130 primary and secondary children from 18 schools took part in our Inclusive Multi-Skills event; developing a variety of skills, supporting each other and loving being at Lee Valley Athletics Centre. Students from Alexandra Park School did an incredible job leading the stations.



## Community Sport Opportunities

Tottenham Hotspur Foundation Female Football Hub – a free, dedicated space for girls and women to play football, build confidence and stay active in a supportive and inclusive environment.

Flyerz – fun and inclusive hockey sessions

Winchmore Hill & Enfield Hockey Club – Friendly, local, inclusive Hockey Club

Pivotal Netball Academy – Saturday & Sunday Netball Coaching. Children and adults of all ages and abilities

**Flyerz HOCKEY**  
Fun and inclusive hockey sessions for all disability groups

**START PLAYING HOCKEY**

**SOUTHGATE HOCKEY CLUB**  
1886

**Saturdays 9am - 10am**  
31 January | 28 February | 28 March

**Every Thursday 6pm - 7pm**  
29 January - 26 March

Southgate Hockey Club, EN4 OPS

Contact southgatehc.membership1@gmail.com

LEARN TO PLAY NETBALL IN A FUN & NURTURING ENVIRONMENT.  
CHILDREN OF ALL ABILITIES AGED 4 TO 16 WELCOME.

**PIVOTAL NETBALL ACADEMY**

**BOOK A FREE TRIAL**  
**PAY AS YOU GO**

9-9.55 RECEPTION TO YEAR 5  
10-10.55 YEAR 6 TO 11  
£12 PER CLASS OR £10 EARLY BIRD\*  
(\*WHEN YOU BOOK AT LEAST 48 HRS IN ADVANCE)

**SATURDAYS**  
HIGHLANDS SCHOOL  
ENFIELD N21 1QQ

DATES	14 FEB
10 JAN	28 FEB
17 JAN	7 MAR
24 JAN	14 MAR
31 JAN	21 MAR
7 FEB	28 MAR

**SUNDAYS**  
THE COMPTON SCHOOL  
BARNET N12 0QG

DATES	11 JAN	22 FEB
18 JAN	1 MAR	
25 JAN	8 MAR	
1 FEB	15 MAR	
8 FEB	22 MAR	

**ADULT NETBALL - 9AM**  
HIGHLANDS SCH - £10  
24 JAN 31 JAN 7 FEB  
28 FEB 7 MAR 14 MAR

**ENFIELD & BARNET**  
07392 018 982 WWW.PIVOTALNETBALL.COM

**WINCHMORE HILL & ENFIELD HOCKEY CLUB**

Friendly. Inclusive. Local.

We have a thriving junior section with 50+ active members, many progressing into our adult teams. We play in the Hertfordshire Junior League with squads from U8 to U16, offering fun skill-building sessions, friendly games and tournaments throughout the season.

Free Taster Session for New Enquiries

**AGES 6-16**

**Sunday Training**  
Southbury Leisure Centre, EN1 1YP  
Before Half-Term: 11:30am-1:00pm  
After Half-Term: 10:30am-12:00pm

**Clubhouse & Socials**  
The Paulin Ground, N21 3ER

Enquire at:  
WWW.WHEHOCKEY.COM

**PLAY RUGBY**  
**ENFIELD IGNATIANS RFC**  
ENFIELD PLAYING FIELDS, DONKEY LANE, EN1 3PL

**WWW.ENFIELDIGNATIANSRFC.CO.UK**

SCAN THE QR CODE FOR LOGOS & OTHERS' AGE GROUP CONTACTS

Middlesex RUGBY  
RFU Accredited Club  
SPORT ENGLAND  
SARACENS PARTNER CLUB

# CPD OPPORTUNITY

## Teaching High Quality Net Games

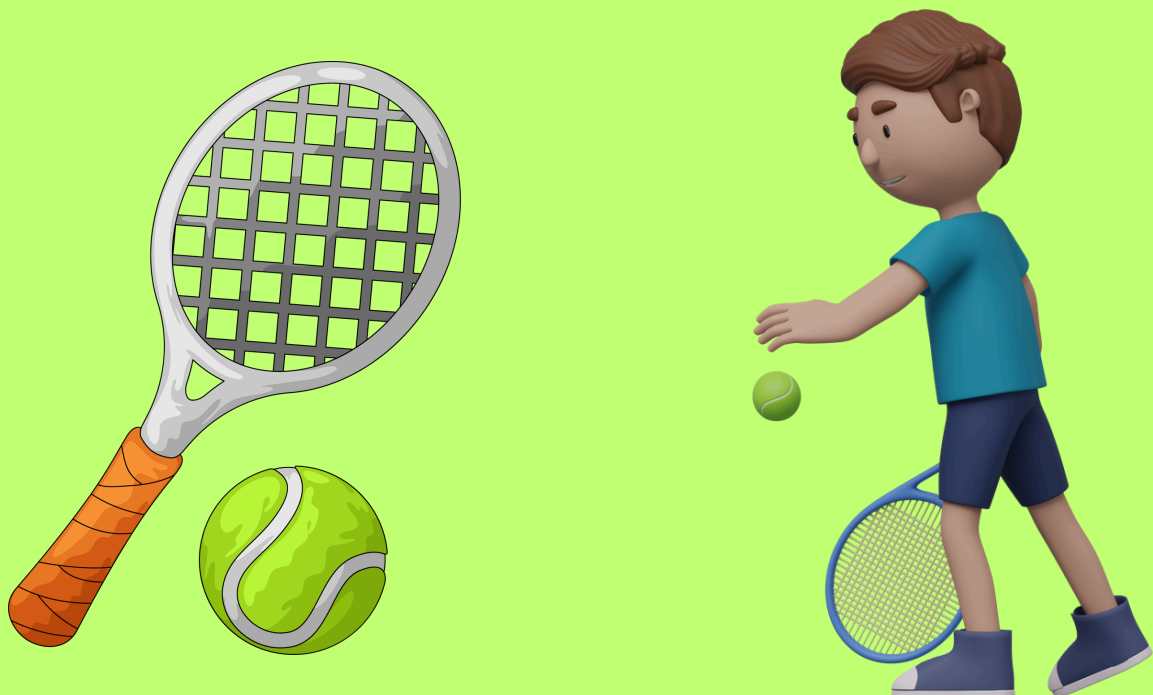
**Tuesday 24<sup>th</sup> March**

**1-3pm**

**Brettenham Primary School, N18 2ET**

Led by Adam Hart. Gain subject knowledge and observe high-quality teaching and learning in net games. Outcomes include adaptive teaching, holistic development, effective organisation and sequencing learning. You will observe children working in KS1 and KS2 with opportunities for reflection and discussion.

This course will support all attendees: Subject Leaders or Senior Leaders as a valuable reminder of what high quality PE looks like, ECTs as part of their professional development entitlement, and teachers, sports coaches and TAs looking to develop or refresh knowledge.



# UPCOMING EVENTS

- New Age Kurling at Laurel Park School, 4<sup>th</sup> March 11.30-1.30pm
- Y3/4 Cross Country at Lee Valley Athletics Centre, 6<sup>th</sup> March 1-3pm
- KS2 Hockey Festival at Kingsmead School, 11<sup>th</sup> March, 1-3pm
  
- Girls Football Festivals all on Friday 13<sup>th</sup> March:
  - Bishop Stopford's School, 10-11.30am
  - Laurel Park School, 9.30-10.30am
  - Enfield Country School, 1-2.30pm
  
- Y5 Boys Football Festival at Enfield Grammar, 13<sup>th</sup> March, 1.30-3.20pm
- Y3/4 Girls Football Festival, Edmonton County (Power League), 20<sup>th</sup> March, 9.30-12pm
- NFL Flag Tournament at Lee Valley Academy, 23<sup>rd</sup> March , 2-4pm
- OAA competition at Alma Primary, 25<sup>th</sup> March, 1-3pm

## DANCE FESTIVAL “IDOLS”



We are so excited for our up and coming production “Idols” We will be welcoming 57 schools this year to the Millfield Theatre to perform on a professional stage from the 17th-19th March. Please remind parents that tickets are available to purchase via the Theatre box office and are first come first serve.